

Introduction to Psychoanalysis
Psych BC 3170

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Office Hours: Tuesday 10-12

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Description:

This seminar introduces the major contributors to contemporary psychoanalysis. Changes in theory and technique will be traced through Freud, Ego Psychology, the Kleinian, Interpersonal and British Object Relations Schools, Self Psychology, and, Contemporary Relational theorists. Developmental models, notions of self and pathology, the role of the analyst, and the nature of healing will be examined from each perspective. Finally, psychoanalysis within the broader context of psychology and empirically-based treatments will be considered.

Readings:

1. Course pack, available at Broadway Copy, 3062 Broadway (121st Street), (212) 864-6501.
2. Mitchell, S.A. & Black, M.J. (1995). Freud and Beyond. NY: Basic Books.

Requirements:

1. 2 Tests, each 20% of grade
2. Lead class discussion on articles, 20% of grade
3. 15-20 page paper, topic to be discussed in class, 30% of grade
4. Regular class attendance and participation, 10%

Week 1. (1/28) Introduction

No assigned readings.

Week 2. (2/04) Freud

McWilliams, N (2000). "On teaching psychoanalysis in antianalytic times: A polemic," American Journal of Psychoanalysis, 60, 371-390.

Mitchell and Black, Preface and Ch. 1, xv-22

Freud, S (1949), An Outline of Psychoanalysis (J. Strachey, Trans.), New York: WW Norton, 13-37.

- Week 3. (2/11) Freud, continued
- Freud (1901) "Fragment of an analysis of a case of hysteria," Standard Edition of the Complete Psychological Works of Sigmund Freud, (J. Strachey, Trans.) London: Hogarth Press, 7 15-122.
- Week 4. (2/18) Ego Psychology
- Mitchell and Black, Chapter 2, 23-29
- Shapiro, D. (1965) Neurotic Styles. NY: Basic Books.
"Obsessive Compulsive Style" pp 23-53
"Hysterical Style" pp 108-133
- Barnett, J. (1971). Narcissism and dependency in the obsessional-hysterical Marriage," Family Process, 10, 75-82.
- Week 5. (2/25) The Interpersonal School
- Mitchell and Black, Chapter 3, 60-84
- Sullivan, H.S. (1956)"Selective inattention," Clinical Studies in Psychiatry, NY: WW Norton & Co., 38-76
- Sullivan, H.S. (1953)"Beginnings of the self-system," The Interpersonal Theory of Psychiatry, NY: WW Norton & Co., 158-171.
- Week 6. (3/03) The Interpersonal School continued
- Thompson, C. (1956). "The role of the analyst's personality in therapy," American Journal of Psychotherapy, 10, 347-359 (168-178).
- Ehrenberg, D.B. (1974). "The intimate edge in therapeutic relatedness," Contemporary Psychoanalysis, 10, 423-437.
- Levenson, E. (1972), The Fallacy of Understanding, NY: Basic Books, 167-195.
- Week 7. (3/10) Test
- Week 8. (3/17) Midterm Break
- Week 9. (3/24) Klein
- Mitchell and Black, Chapter 4, 85-111.
- Joseph, B. (1989). Psychic Equilibrium and Psychic Change: Selected Papers of

Betty Joseph (Feldman & Spillius, eds) , London: Tavistock/Routledge
“Projective identification: some clinical aspects,” 168-180.

“Psychic change and the psychoanalytic process,” 192-202.

Pick, I. (1985). “Working through in the counter-transference” International Journal of Psycho-Analysis, 66 157-166 (34-47).

Week 10. (3/31) British Object Relations

Mitchell and Black, Chapter 5, 112-138.

Winnicott, DW (1953). “Transitional objects and transitional phenomena-a study of the first not-me possession,” International Journal of Psychoanalysis, 34, 89-97.

Guntrip, H. (1975) “My experience of analysis with Fairbairn and Winnicott,” International Review of Psycho-analysis, 2, 145-156.

Pizer, S. (1992). “The negotiation of paradox in the analytic process,” Relational Psychoanalysis: The Emergency of a Tradition, (S. Mitchell & L. Aron, eds.) pp 337-364.

Week 11. (4/7) Self Psychology

Mitchell & Black, Chapter 6, 139-169

Kohut, H. (1979). “The two analysis of Mr. Z.” International Journal of Psychoanalysis, 60 3-26.

Fosshage, J.L. (1992). “Self psychology: The self and its vicissitudes within a relationship matrix,” in Relationship Perspectives in Psychoanalysis, (N.J. Skolnick and S.C. Warshaw, eds), Hillsdale, NJ: Analytic Press, 21-41.

Week 12. (4/14) Test

Week 13. (4/21) Controversies in Theory

Mitchell & Black, Chapter 8, 206-228

Hoffman, I.Z. (1992). "Some practical implications of a social-constructivist view of the psychoanalytic situation," Psychoanalytic Dialogues, 2, 287-304.

Bromberg, P.M. (1996). "Standing in the spaces: The multiplicity of self and the psychoanalytic relationship," Contemporary Psychoanalysis, 32, 509-535.

Week 14. (4/28) Controversies in Technique

Mitchell & Black, Chapter 9, 229-253

Mitchell, S. (1997). Influence and Autonomy. Hillsdale, NJ: Analytic Press. "Varieties of interaction," 143-168.

Davies, J. (1994), "Love in the afternoon: a relational reconsideration of Desire and dread in the countertransference," Psychoanalytic Dialogues, 4, 153-170.

Week 15. (5/05) Psychoanalysis within Psychology: A Critique

Westen, D. (1998). "The scientific legacy of Sigmund Freud: Toward a Psychodynamically informed psychological science" Psychological Bulletin, 124, 333-371.

Bornstein, R. (2005). "Reconnecting psychoanalysis to mainstream psychology: challenges and opportunities," Psychoanalytic Psychology, 22, 323-340.

Safran, J.D. (2001). "When worlds collide: psychoanalysis and the empirically Supported treatment movement," Psychoanalytic Dialogues, 11, 659-681.